

January 2022						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					31 - HOLIDAY 	1
2	3 Online WICHealth	4 Dickinson (Spirit Lake)	5 Buena Vista (Storm Lake)	6 Buena Vista (Storm Lake)	7	8
9	10	11 Emmet (Estherville)	12 Clay (Spencer)	13 Clay (Spencer)	14	15
16	17 - HOLIDAY  Marin Luther King Day	18 Buena Vista (Storm Lake)	19 Buena Vista (Storm Lake)	20 Osceola (Sibley)	21	22
23	24	25 O'Brien (Sheldon)	26 O'Brien (Sheldon)	27 Palo Alto (Emmetsburg)	28	29
30	31					

### WIC Clinic Location Sites

#### Buena Vista

Upper Des Moines Opportunity  
620 Michigan Street  
Storm Lake, IA, 50588

#### Palo Alto

Bethany Lutheran Church  
703 Broadway  
Emmetsburg, IA 50536

#### Clay

First Congregational Church  
1212 1<sup>st</sup> Ave W  
Spencer, IA 51301

#### Osceola

Trinity Lutheran Church  
704 Poplar Drive  
Sibley, IA 51249

#### O'Brien

Living Water Community Church  
610 2<sup>nd</sup> Ave  
Sheldon, IA 51201

#### Dickinson

First Presbyterian Church  
3501 Hill Ave  
Spirit Lake, IA 51360

#### Emmet

Grandview Baptist Church  
3705 170<sup>th</sup> St  
Estherville, IA 51334

#### WIC Contact Numbers

(712) 260-7181, (712) 859-3885  
(712) 580-4269, (712) 298-2930  
(712) 298-2275 (Español)

February 2022						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Dickinson (Spirit Lake)	2 Buena Vista (Storm Lake)	3 Buena Vista (Storm Lake)	4	5
6	7 Online WICHealth	8 Emmet (Estherville)	9 Clay (Spencer)	10 Clay (Spencer)	11	12
13	14 Buena Vista (Storm Lake)	15 Buena Vista (Storm Lake)	16 BV overflow (Storm Lake)	17 Osceola (Sibley)	18	19
20	21 – HOLIDAY  President's Day	22 O'Brien (Sheldon)	23 O'Brien (Sheldon)	24 Palo Alto (Emmetsburg)	25	26
27	28					

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# WIC CALENDAR - UPPER DES MOINES OPPOTRUNITY

March 2022						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Dickinson (Spirit Lake)	2 Buena Vista (Storm Lake)	3 Buena Vista (Storm Lake)	4	5
6	7 Online WICHealth	8 Emmet (Estherville)	9 Clay (Spencer)	10 Clay (Spencer)	11	12
13	14 Buena Vista (Storm Lake)	15 Buena Vista (Storm Lake)	16 BV overflow (Storm Lake)	17 Osceola (Sibley)	18	19
20	21	22 O'Brien (Sheldon)	23 O'Brien (Sheldon)	24 Palo Alto (Emmetsburg)	25	26
27	28 Down Week	29	30	31		

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# WIC CALENDAR - UPPER DES MOINES OPPOTRUNITY

April 2022						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4 Online WICHealth	5 Dickinson (Spirit Lake)	6 Buena Vista (Storm Lake)	7 Buena Vista (Storm Lake)	8	9
10	11	12 Emmet (Estherville)	13 Clay (Spencer)	14 Clay (Spencer)	15 - HOLIDAY <i>Good Friday</i> Good Friday	16
17	18 Buena Vista (Storm Lake)	19 Buena Vista (Storm Lake)	20 overflow (Storm Lake)	21 Osceola (Sibley)	22	23
24	25	26 O'Brien (Sheldon)	27 O'Brien (Sheldon)	28 Palo Alto (Emmetsburg)	29	30

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# WIC CALENDAR - UPPER DES MOINES OPPOTRUNITY

May 2022						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3 Dickinson (Spirit Lake)	4 Buena Vista (Storm Lake)	5 Buena Vista (Storm Lake)	6	7
8	9 Online WICHealth	10 Emmet (Estherville)	11 Clay (Spencer)	12 Clay (Spencer)	13	14
15	16 Buena Vista (Storm Lake)	17 Buena Vista (Storm Lake)	18 BV overflow (Storm Lake)	19 Osceola (Sibley)	20	21
22	23	24 O'Brien (Sheldon)	25 O'Brien (Sheldon)	26 Palo Alto (Emmetsburg)	27	28
29	30 - HOLIDAY  Memorial Day	31 Down Week	→			

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# WIC CALENDAR - UPPER DES MOINES OPPOTRUNITY

June 2022						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Down Week	2	3	4
5	6 Online WICHealth	7 Dickinson (Spirit Lake)	8 Buena Vista (Storm Lake)	9 Buena Vista (Storm Lake)	10	11
12	13	14 Emmet (Estherville)	15 Clay (Spencer)	16 Clay (Spencer)	17	18
19	20 Buena Vista (Storm Lake)	21 Buena Vista (Storm Lake)	22 BV overflow (Storm Lake)	23 Osceola (Sibley)	24	25
26	27	28 O'Brien (Sheldon)	29 O'Brien (Sheldon)	30 Palo Alto (Emmetsburg)		

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◀ June		July 2022					August ▶	
Sun	Mon	Tue	Wed	Thu	Fri	Sat		
					1	2		
3	<b>4 - HOLIDAY</b>  Independence Day	<b>5</b> <b>Dickinson</b> (Spirit Lake)	<b>6</b> <b>Buena Vista</b> (Storm Lake)	<b>7</b> <b>Buena Vista</b> (Storm Lake)	8	9		
10	<b>11</b> <b>Online</b> <b>WICHealth</b>	<b>12</b> <b>Emmet</b> (Estherville)	<b>13</b> <b>Clay</b> (Spencer)	<b>14</b> <b>Clay</b> (Spencer)	15	16		
17	<b>18</b> <b>Buena Vista</b> (Storm Lake)	<b>19</b> <b>Buena Vista</b> (Storm Lake)	<b>20</b> <b>BV overflow</b> (Storm Lake)	<b>21</b> <b>Osceola</b> (Sibley)	22	23		
24	25	<b>26</b> <b>O'Brien</b> (Sheldon)	<b>27</b> <b>O'Brien</b> (Sheldon)	<b>28</b> <b>Palo Alto</b> (Emmetsburg)	29	30		
31								

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 703 Broadway  
 Emmetsburg, IA 50536

#### Clay

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 Spencer, IA 51301

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# WIC CALENDAR - UPPER DES MOINES OPPOTRUNITY

August 2022						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Online WICHealth	2 Dickinson (Spirit Lake)	3 Buena Vista (Storm Lake)	4 Buena Vista (Storm Lake)	5	6
7	8	9 Emmet (Estherville)	10 Clay (Spencer)	11 Clay (Spencer)	12	13
14	15 Buena Vista (Storm Lake)	16 Buena Vista (Storm Lake)	17 BV overflow (Storm Lake)	18 Osceola (Sibley)	19	20
21	22	23 O'Brien (Sheldon)	24 O'Brien (Sheldon)	25 Palo Alto (Emmetsburg)	26	27
28	29 Down Week	30	31	September		

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September 2022						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	<b>5 - HOLIDAY</b>  Labor Day	6 Dickinson (Spirit Lake)	7 Buena Vista (Storm Lake)	8 Buena Vista (Storm Lake)	9	10
11	12 Online WICHealth	13 Emmet (Estherville)	14 Clay (Spencer)	15 Clay (Spencer)	16	17
18	19 Buena Vista (Storm Lake)	20 Buena Vista (Storm Lake)	21 BV overflow (Storm Lake)	22 Osceola (Sibley)	23	24
25	26	27 O'Brien (Sheldon)	28 O'Brien (Sheldon)	29 Palo Alto (Emmetsburg)	30	

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